

Every day tells a different story

Share more of what's happening
with the ABILIFY MYCITE® System.

Learn more at
[ABILIFYMYCITE.com/video](https://www.abilifymycite.com/video).

Not a real patient.

Please read [FULL PRESCRIBING INFORMATION](#), including **BOXED WARNING**, and [MEDICATION GUIDE](#).


Abilify MyCite
(aripiprazole tablets with sensor)
2, 5, 10, 15, 20, 30 mg

Digital technology meets medicine with the ABILIFY MYCITE® System

Get to know the ABILIFY MYCITE System, the first digital medicine system designed to help you and your healthcare team stay on top of how your treatment is going.

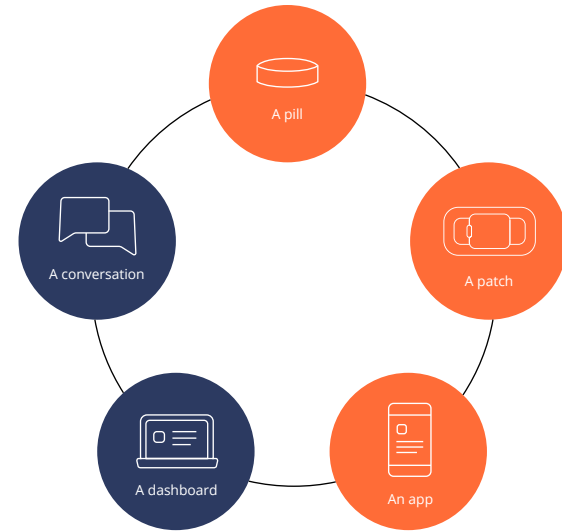
See if the ABILIFY MYCITE System may be right for you at ABILIFYMYCITE.com/right-for-you.

INDICATIONS:

ABILIFY MYCITE® (aripiprazole tablets with sensor) is a prescription medicine of an aripiprazole tablet with an Ingestible Event Marker (IEM) sensor inside it used in adults for the:

- Treatment of schizophrenia
- Treatment of bipolar I disorder alone or when used with the medicine lithium or valproate for:
 - acute (short-term) treatment of manic or mixed episodes
 - maintenance treatment
- Treatment of major depressive disorder (MDD) along with other antidepressant medicines

The ABILIFY MYCITE System is intended to track if you have taken your ABILIFY MYCITE. There may be a delay in the detection of the ABILIFY MYCITE tablet and sometimes the detection of the tablet might not happen at all. If the MYCITE APP does not indicate that you have taken your medicine, **do not** repeat the dose. It is not known if ABILIFY MYCITE can improve how well you take your aripiprazole (patient compliance) or for changing your dose of aripiprazole. ABILIFY MYCITE is not for use as real-time or emergency monitoring.



SELECT IMPORTANT SAFETY INFORMATION:

- **Increased risk of death in elderly patients with dementia-related psychosis: Medicines like ABILIFY MYCITE can raise the risk of death in elderly people who have lost touch with reality (psychosis) due to confusion and memory loss (dementia). ABILIFY MYCITE is not approved to treat patients with dementia-related psychosis.**
- **Increased risk of suicidal thoughts or actions in children and young adults: Antidepressant medicines may increase suicidal thoughts or actions in some children and young adults within the first few months of treatment and when the dose is changed. Pay close attention to any changes, especially new and sudden changes, in mood, behaviors, thoughts, or feelings and report them to the healthcare provider. It is not known if ABILIFY MYCITE is safe and effective for use in children.**

Please read **IMPORTANT SAFETY INFORMATION** on pages 8-9.


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What the ABILIFY MYCITE® System does

It automatically logs:

- When you take your pill
- Activity level (number of steps)
- Time spent resting

It also allows you to select:

- Your mood (18 options to choose from)
- Mood contributors, such as family or work
- Energy levels
- Rest quality
- The reason, if you didn't take your pill



Only functions related to tracking drug ingestion have been evaluated or approved by FDA.

SELECT IMPORTANT SAFETY INFORMATION:

Do not take ABILIFY MYCITE® (aripiprazole tablets with sensor) if you are allergic to aripiprazole or any of the ingredients in ABILIFY MYCITE. Allergic reactions may include: rash, hives, itching, difficulty breathing, tightness in the chest, swelling of the mouth, face, lips, or tongue.

With the ABILIFY MYCITE System, you can:



Stay on top of pill-taking

Keep track of when you take your medicine.



Stay connected with your healthcare team

The system lets you share daily data with your healthcare team, so you don't have to remember everything that happens between appointments.



See how you're doing

Review your daily data for mood, medication taking, activity, rest, and more, and share it with your healthcare team.

Some factors, such as a bad connection or reception, or not having your smartphone, may impact the consistency and reliability of data being detected, collected, and transmitted.

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How the ABILIFY MYCITE® System works

FOR YOU



ABILIFY MYCITE® (aripiprazole tablets with sensor) is a prescription smart pill with built-in technology the size of a grain of sand. The sensor is made entirely of natural ingredients found in most diets. It passes through your body naturally.



The nonmedicated MYCITE® Patch gets a signal from the smart pill after you swallow it. The patch is made up of 2 parts:

- a reusable Bluetooth®* data pod
- a disposable adhesive strip to hold the pod in place

The pod logs when you take your pill. And like an activity tracker, it also logs how many steps you've taken each day and time spent resting.

The patch can stay on through water and sweat, and does not need to be taken off in the shower or during exercise.

*Bluetooth is a registered trademark of Bluetooth SIG, Inc.



The MYCITE® App displays information from the Bluetooth patch. On the app, you can complete a daily check-in to record your mood, what's contributing to it, and how well you rested. You can also look at charts of your data and share them during your next appointment with your healthcare provider.

FOR YOUR DOCTOR



The MYCITE® Dashboard is an online portal that lets your healthcare team and support network see the data you share with them, like when you took your ABILIFY MYCITE.



The ABILIFY MYCITE System can help guide the conversation with your healthcare team and support network about your mental health and treatment plan.

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Learn more about how the system works at [ABILIFYMYCITE.com/video](https://www.abilifymycite.com/video).

SELECT IMPORTANT SAFETY INFORMATION:

ABILIFY MYCITE may cause serious side effects, including:

- **Stroke (cerebrovascular problems) in elderly people with dementia-related psychosis that can lead to death.**
- **Neuroleptic malignant syndrome (NMS), a rare and serious condition that can lead to death.** Call your healthcare provider or go to the nearest hospital emergency room right away if you have some or all of the following signs and symptoms of NMS: high fever, stiff muscles, confusion, sweating, changes in pulse, heart rate, and blood pressure.

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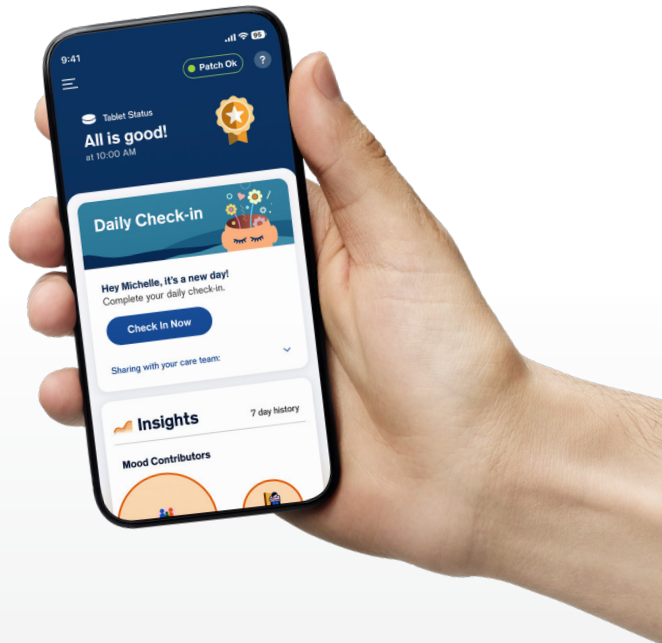
Sharing data on the MYCITE® App

Your system, your data

Your healthcare provider will be able to see your data automatically after setup. If you want, you can share your data with other members of your healthcare team, like your nurse or therapist. You can also share with your support network, like your family or friends.

The people you choose to share your information with will be able to view your data on the MYCITE® Dashboard and see how you're doing.

You can change what information you're sharing at any time.



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Your data are encrypted and stored securely in the cloud to protect your privacy.

For more information about the system's privacy requirements for you, your healthcare provider team, and family & friends, please review the ABILIFY MYCITE® System Terms of Use, Privacy Notice, and Authorization & Consent at [ABILIFYMYCITE.com](https://www.abilifymycite.com).



SELECT IMPORTANT SAFETY INFORMATION:

ABILIFY MYCITE® (aripiprazole tablets with sensor) may cause uncontrolled body movements (tardive dyskinesia or TD).

ABILIFY MYCITE may cause movements that you cannot control in your face, tongue, or other body parts. TD may not go away, even if you stop taking ABILIFY MYCITE. TD may also start after you stop taking ABILIFY MYCITE.

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Start the dialogue about the ABILIFY MYCITE® System

Ask your healthcare provider some of these questions:



What are some ways you and I can work together to stay on top of my treatment?



Would you support me in doing more to stay on top of my mental health treatment?



What can we do to help all the people who support me stay connected with where I am in my treatment?

Have something you want to discuss with your healthcare provider? Jot it down and bring it in to your next appointment.

Not a real patient.

Letting your healthcare provider know what you want from your treatment can help them see how ABILIFY MYCITE might benefit you. For example:

"I want help keeping track of if and when I've taken my medication."

"Being able to share my mood contributors would help me during discussions with my healthcare team."

"I'm about to make some significant changes in my life, such as **[bring up what's on your mind]**. How can I stay on top of my medication as I make this transition?"

"I want a way to involve my support network in my treatment plan."

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SELECT IMPORTANT SAFETY INFORMATION:

ABILIFY MYCITE may cause serious side effects, including: Problems with your metabolism such as:

- high blood sugar (hyperglycemia) and diabetes.
- increased fat levels (cholesterol and triglycerides) in your blood.
- weight gain.

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Get support with the ABILIFY MYCITE® System



The MYCITE Team

The MYCITE Team is here to help you with any technical questions.

The MYCITE Team is available 8 AM to 8 PM eastern time, Monday through Friday at 844-MYCITE-4 (844-692-4834).

They can:

- Walk you through how to set up the ABILIFY MYCITE System and navigate the MYCITE® App
- Help you share your information with your healthcare team and support network
- Troubleshoot issues with the ABILIFY MYCITE System



Patient Experience Liaison (PEL)

Once your doctor has prescribed you an ABILIFY MYCITE Kit, you can connect with a PEL for personalized support as you get ready to use the system.

PELs are available 9 AM to 5 PM eastern time, Monday through Friday, excluding holidays, at 1-855-242-7787.

They can:

- Answer questions about insurance coverage and the prescription process

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INDICATIONS and IMPORTANT SAFETY INFORMATION for ABILIFY MYCITE® (aripiprazole tablets with sensor)

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Do not take ABILIFY MYCITE if you are allergic to aripiprazole or any of the ingredients in ABILIFY MYCITE. Allergic reactions may include: rash, hives, itching, difficulty breathing, tightness in the chest, swelling of the mouth, face, lips, or tongue.

ABILIFY MYCITE may cause serious side effects, including:

- **Stroke (cerebrovascular problems) in elderly people with dementia-related psychosis that can lead to death.**
- **Neuroleptic malignant syndrome (NMS), a rare and serious condition that can lead to death.** Call your healthcare provider or go to the nearest hospital emergency room right away if you have some or all of the following signs and symptoms of NMS: high fever, stiff muscles, confusion, sweating, changes in pulse, heart rate, and blood pressure.
- **Uncontrolled body movements (tardive dyskinesia or TD).** ABILIFY MYCITE may cause movements that you cannot control in your face, tongue, or other body parts. TD may not go away, even if you stop taking ABILIFY MYCITE. TD may also start after you stop taking ABILIFY MYCITE.
- **Problems with your metabolism such as:**
 - **high blood sugar (hyperglycemia) and diabetes.** Increases in blood sugar can happen in some people who take ABILIFY MYCITE. Extremely high blood sugar can lead to coma or death. If you have diabetes or risk factors for diabetes (such as being overweight or a family history of diabetes), your healthcare provider should check your blood sugar before starting ABILIFY MYCITE and during your treatment.

Continued on next page.

Please read **FULL PRESCRIBING INFORMATION**, including **BOXED WARNING**, and **MEDICATION GUIDE**.

IMPORTANT SAFETY INFORMATION for ABILIFY MYCITE® (aripiprazole tablets with sensor) cont'd

Call your healthcare provider if you have any of these symptoms of high blood sugar while receiving ABILIFY MYCITE:

- feel very thirsty
- need to urinate more than usual
- feel very hungry
- feel weak or tired
- feel sick to your stomach
- feel confused, or your breath smells fruity
- **increased fat levels (cholesterol and triglycerides) in your blood.**
- **weight gain.** You and your healthcare provider should check your weight regularly.
- **Unusual urges.** Some people taking aripiprazole have had unusual urges, such as gambling, binge eating or eating that you cannot control (compulsive), compulsive shopping and sexual urges. If you or your family members notice that you are having unusual urges or behaviors, talk to your healthcare provider.
- **Decreased blood pressure (orthostatic hypotension).** You may feel lightheaded or faint when you rise too quickly from a sitting or lying position.
- **Falls**
- **Low white blood cell count.** Your healthcare provider may do blood tests during the first few months of treatment with ABILIFY MYCITE.
- **Seizures (convulsions)**
- **Problems with control of your body temperature so that you feel too warm.** Do not become too hot or dehydrated during treatment with ABILIFY MYCITE. Avoid getting over-heated or dehydrated. Do not exercise too much. In hot weather, stay inside in a cool place if possible. Stay out of the sun, and do not wear too much or heavy clothing. Drink plenty of water.
- **Difficulty swallowing**

ABILIFY MYCITE may make you drowsy. Do not drive, operate heavy machinery, or do other dangerous activities until you know how ABILIFY MYCITE affects you.

Before taking ABILIFY MYCITE, tell your healthcare provider if you:

- have or had diabetes or high blood sugar in you or your family; your healthcare provider should check your blood sugar before starting and during therapy with ABILIFY MYCITE

- have or had seizures (convulsions)
- have or had low or high blood pressure
- have or had heart problems or stroke
- have or had low white blood cell count
- are pregnant or have plans to become pregnant. It is not known if ABILIFY MYCITE will harm your unborn baby.
 - There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to ABILIFY MYCITE during pregnancy. For more information contact the National Pregnancy Registry for Atypical Antipsychotics at 1-866-961-2388 or visit <http://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/>
- are breast-feeding or have plans to breast-feed. ABILIFY MYCITE can pass into your breast milk and may harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive ABILIFY MYCITE
- have or had any other medical conditions

Tell your healthcare provider about all the medicines that you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ABILIFY MYCITE and other medicines may affect each other causing possible serious side effects. ABILIFY MYCITE may affect the way other medicines work, and other medicines may affect how ABILIFY MYCITE works. Do not start or stop any medicines while taking ABILIFY MYCITE without talking to your healthcare provider first.

The most common side effects of ABILIFY MYCITE in adults include: restlessness or need to move (akathisia); dizziness; nausea; insomnia; shaking (tremor); anxiety; constipation; sedation

These are not all the possible side effects of ABILIFY MYCITE. Call your doctor for medical advice about side effects. You are encouraged to report side effects to Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Please read **FULL PRESCRIBING INFORMATION**, including **BOXED WARNING**, and **MEDICATION GUIDE**.

Ask your healthcare team about how the
ABILIFY MYCITE® System can help you get
the most out of your treatment.

[ABILIFYMYCITE.com](https://www.abilifymycite.com)

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Otsuka
Otsuka America Pharmaceutical, Inc.

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